FIRST COURSE

Children's and seniors portions are available upon request.

Non-dairy milk is available upon request.

SECOND COURSE

Starters

HEARTY PORRIDGE

Housemade oatmeal served with raisins, brown sugar and warm milk.

GFO COLD CEREAL

Frosted Flakes, Fruit Loops, Muslix, Vector, Rice Krispies, Bran Flakes or Cheerios.

GF VEO FRUIT COCKTAIL

A delicious concoction of fruit.

Breakfast Plates

GFO BLT SANDWICH

Your choice of bread, toasted and served with bacon, thick tomato slice, fresh leaf lettuce, and a side of mayonnaise. Served with home fries and your choice of bacon, sausage, or grilled ham.

EGGS BENNY

Our classic eggs beneact: two unglish muffin valves each toasted and layered with deamed bacon, a poached egg and isch Holandaise sauce. Served with tome fries a d your choice of bacon, sausage, or griteacham. Can also be a dered as a single.

EGGS FLORENTINE

The English muffin halves each toasted and topped with sourced tender spinach, a poached egg and rich Hollandaise sauce. Served with home fries and your choice of bacon, sausage, or grilled ham. Can also be ordered as a single.

Ve GFO BREAKFAST SCRAMBLE

Tofu scrambled with your choice of tomato, onion, bell pepper, mushrooms, spinach and hot peppers. Served with home fries and your choice of toast.

GFO FRIED EGG SANDWICH

Fried egg with cheese on an English muffin. Served with home fries and your choice of bacon, sausage, or grilled ham.

EGGS YOUR WAY

Your choice of one, two or three eggs scrambled, sunny side up, over easy, over hard or poached.

Served with home fries, your choice of bacon, sausage, or grilled ham and choice of toast.



Vegan Options



GFo Gluten-Free Options

CHOOSE YOUR BREAD

Whole wheat, rye, multi-grain, bagel, English muffin, croissant or white.

from the Griddle

Served with home fries and your choice of bacon, sausage, or grilled ham.

CLASSIC PANCAKES

A stack of light and fluffy pancakes with your choice of table syrup or Fern honey.

BLUEBERRY PANCAKES

A stack of light and fluffy blueberry pancakes with your choice of table syrup or Fern honey.

FERN'S DELUXE FRENCH TOAST

Our secret Fern Roll dough recipe freshly baked into loaves, thickly sliced, dipped in vanilla and cinnamon egg batter and fried to perfection. Finished with powdered sugar and served with your choice of table syrup or Fern honey.

Omelettes

Choose regular eggs or egg whites.

Served with home fries, choice of toast, and choice of bacon, sausage, or grilled ham.

WESTERN

Bell peppers, onion, ham and cheddar cheese.

VEGGIE

Mushrooms, onions, bell pepper, tomato, spinach.

CHEDDAR

Cheddar cheese. Need we say more!

GREEK

Feta cheese, onion, tomato, spinach.

EVERYTHING

Ham, cheddar cheese, onion, tomato, mushrooms, bell peppers, spinach and hot peppers.



GF Gluten-Free

Glute

Gluten-Free Options

Beverages

Juice Orange Juice Apple Juice Cranberry Juice Lemonade

Milk 2% Milk Chocolate Milk **Coffee & Tea** Regular, Decaf and Herbal Teas

Specialty Coffee \$3.50 ea Espresso, Latte, Cappuccino