

FIRST
COURSE

Starters

TOMATO SOUP **V**

A Fern favourite, Full flavoured robust tomato soup enhanced with basil, finished with grilled cheese croutons.

FERN'S TRADITIONAL VEGETABLE SOUP **Ve Gf**

Vegetables in a robust and flavoursome tomato, herb and garlic broth.

Entrées

SECOND
COURSE

GARDEN OR CAESAR SALAD **Gfo**

Garden or Caesar salad with your choice of grilled chicken or roasted chickpeas (your choice of dressing).

HANDCRAFTED SPINACH AND BLUEBERRY SALAD BOWL **V N**

Tender baby spinach with fresh blueberries, strawberries, cucumber, brie cheese, toasted almonds and dried cranberries with a house made honey vinaigrette.

MEXICAN RICE BOWL **Gf V**

Hot Mexican rice topped with black beans, diced tomatoes, refried beans, corn and guacamole finished with chipotle chili lime sauce and a dollop of sour cream. Try it with or without chicken. Have it in a bowl or have it in a toasted tortilla.

FALAFEL WRAP **V**

Crispy chickpea fritters rolled in a toasted tortilla with shredded lettuce and diced tomatoes, with your choice of tzatziki sauce or roasted red pepper hummus. Served with a garden salad.

JERK CHICKEN SANDWICH **Gfo S**

Jerk seasoned and marinated chicken breast with fresh pineapple salsa, tomato and lettuce on a bakery fresh kaiser. Served with French fries.

ITALIAN SUB **Gfo**

Sliced ham, Genoa salami, and capicola with charred red pepper, baby spinach, sliced provolone cheese, and pickled red onion with mayonnaise on a bakery-fresh Italian bun. Served with coleslaw..

ALL-BEEF BURGER **Gfo**

All-beef patty served on a locally baked kaiser bun with fresh lettuce, tomato and red onion. Served with French fries and your choice of ketchup mustard, relish and mayonnaise. Customize it with bacon and cheese!

CLASSIC HOT DOG

Grilled hot dog on a hot dog bun. Served with French fries and your choice of ketchup mustard, relish and mayonnaise. Customize it with bacon and cheese!

- V** Vegetarian
- Ve** Vegan
- S** Spicy
- Gf** Gluten Free
- Gfo** Gluten-Free Options
- N** Contains Nuts/Peanuts

Beverages

JUICE	COFFEE & TEA	MILK	POP
Orange Juice	Regular and Decaf	2% Milk	Iced Tea
Apple Juice	Herbal Teas	Chocolate Milk	Pepsi
Cranberry Juice	\$3.50 - Espresso,		Diet Pepsi
Grapefruit Juice	Latte, Cappuccino		7UP
Lemonade			Ginger Ale
			Dr. Pepper

VEGGIE HOT DOG **V**

Grilled veggie hot dog served on a hot dog bun. Served with French fries and your choice of ketchup, mustard, and relish.

VEGGIE BURGER **V**

Veggie patty served on a locally baked kaiser bun with fresh lettuce, tomato and red onion. Served with French fries and your choice of ketchup, mustard, and relish.

Choice of dressings- Balsamic, Oil and Vinegar, French, Italian, Caesar, and ranch

Desserts

CARROT CAKE

Irresistibly moist, with the aroma of sweet spices, and with layers of delicious cream cheese icing.

FERN'S CLASSIC BUTTER TARTS

A local favourite since 1895, the secret recipe for our raisin butter tarts was developed by Jim Pettapiece, a Master Baker, before he established Fern Resort.

FRUIT AND CHEESE BOARD

A classic assortment of crackers, creamy cheeses and seasonal fruits.

ICE CREAM

Your choice of vanilla or chocolate ice cream, also nut-free vanilla ice cream.

OLD FASHIONED ICE CREAM SUNDAE

Vanilla or chocolate ice cream, with rich whipped cream and a cherry on top. Choose from chocolate, caramel or strawberry sauce.

* Nut-free vanilla available. Ask your server.

GLUTEN-FREE DESSERTS

Ask your server for a list of today's choices.

JELLO AND COOKIES

Daily flavour of jello served with freshly-baked chocolate chip cookies.

JUMBO FREEZIES

All your favourite flavours: white, red, purple, orange and pink.

