

SAMPLE BREAKFAST MENU



FIRST COURSE

Starters

HEARTY PORRIDGE **GF V H**

House-made oatmeal served with brown sugar and warm milk. Ask your server for raisins on the side.

COLD CEREAL **V**

Frosted Flakes, Froot Loops, Vector, Rice Krispies, Bran Flakes, or Cheerios **GF**

FRESH FRUIT SALAD **VE H GF**

GRAPEFRUIT SECTIONS **VE H GF**

FRESH STRAWBERRIES **VE H GF**

Mains

All entrées come with home fries.
Gluten-free home fries are available upon request.

SECOND COURSE

Your Choice of Bacon **GF**, Sausage, Ham **GF**, or Peameal Bacon **GF**

YOUR CHOICE OF TOAST:

Whole wheat, Rye, White, Multigrain, or Gluten-free **GF**

EGGS YOUR WAY **V H GFO**

Your choice of one, two, or three eggs, prepared scrambled, sunny-side up, over easy, over hard, or poached.

TOFU SCRAMBLE **VE H GF**

Spiced tofu scrambled with your choice of tomato, onion, bell pepper, mushrooms, spinach, and hot peppers.

BLT SANDWICH **GFO**

Your choice of bread, toasted and served with bacon, tomato, lettuce, and mayonnaise.

BREAKFAST BOWL **V H**

Crispy home fries topped with fluffy scrambled eggs and sautéed peppers and onions. Finished with hollandaise sauce and green onions.

EGGS BENEDICT

Perfectly poached eggs layered over peameal bacon and toasted English muffins, topped with classic hollandaise sauce.

OMELETTES

Choose from whole eggs or egg whites only.
Served with home fries, your choice of toast, and choice of bacon, sausage or ham.

Western

Bell pepper, onion, ham, cheddar cheese.

Veggie

Mushroom, onion, bell pepper, tomato, spinach.

Cheddar

Just cheddar cheese. Need we say more!

Greek

Feta cheese, onion, tomato, spinach.

Everything

Ham, cheddar cheese, onion, tomato, mushrooms, bell pepper, spinach, hot peppers.

Made to order. Please allow extra time.

EGGS FLORENTINE **V H**

Perfectly poached eggs layered over sautéed spinach and toasted English muffins, topped with classic hollandaise sauce.

BELGIAN WAFFLE

Golden Belgian waffle with a light, crisp exterior and a fluffy center. Served with table syrup, whipped cream, and blueberry compote.

FERN'S DELUXE FRENCH TOAST **V H**

Our secret roll-recipe dough, freshly baked into loaves, thick-sliced and dipped in our cinnamon egg batter, then fried to perfection. Finished with a dusting of powdered sugar. Served with your choice of table syrup or Fern's honey.

CLASSIC PANCAKES **V H**

A stack of three fluffy pancakes served with your choice of table syrup or Fern's honey.

Children's and seniors' portions available upon request.

Non-dairy milk available upon request. Please ask your server.

Beverages

JUICE

Orange Juice
Apple Juice
Cranberry Juice
Grapefruit Juice
Lemonade

COFFEE & TEA

Regular and Decaf
Herbal & Black Teas
\$4.00 - Espresso,
Latte, Cappuccino

MILK

2% Milk
Chocolate Milk

- V** Vegetarian
- VE** Vegan
- VEO** Vegan Options
- GF** Gluten-Free
- GFO** Gluten-Free Options
- N** Contains Nuts/Peanuts
- H** Halal